



THE NIAGARA EXPLORER

Newsletter of Adirondack Mountain Club
Niagara Frontier Chapter

ADK-NFC Annual Picnic: Saturday, June 10th at Akron Falls Park

- Website: adk-nfc.org
 - [Chapter Outings & Events Calendar](#)
 - Facebook Group: [ADK-Niagara Frontier Chapter](#)
- Follow us on [Instagram \(adk_nfc\)](#)

The ADK-NFC annual picnic and meeting with election of officers will be held on Saturday, June 10, 2023, at Cummings Lodge which is just outside the main entrance of Akron Falls Park. Cummings Lodge is located at 7 Skyline Drive, Akron, NY 14001, a map of the park can be found [here](#). Please continue to read the monthly and weekly newsletters for any updated picnic information.



Pam Sander

lands and waters by promoting responsible outdoor recreation and building a statewide

she can purchase enough food and supplies. Please remember to bring your potluck dishes if you plan on sharing food. Also, members and guests are encouraged to bring individual table settings (plate, bowl, utensils) so we may limit our garbage for the landfills.

Picnic Schedule:

9:00 am: Paddle, Oak Orchard River, Medina

Rating B, moving water. 2 to 3 hours one-way on a wide winding stream. Spotting of cars required.

Meet at 9am on Rt. 63/ N Gravel Rd. at the "Oak Orchard Kayak Dropin" (per Google Maps) just N of Slade Rd.

Wearing a proper fitted

Inside this issue:

Programs & Education	1-5
Message from the Chair	6
Chapter News	6-10
Upcoming Outings	11-13
Our Executive Committee	14

Do you have a friend who may be interested in joining ADK-NFC? Welcoming a guest to the picnic is a great introduction to who we are, what we do, and to ADK. Our mission is: "ADK (Adirondack Mountain Club) works to protect New York's wild

constituency of land stewardship advocates".

Members who are inviting a guest (a \$5 cash donation suggested) are asked to notify our hospitality chair, Carol Schuster, at carolschuster@gmail.com by June 2, 2023, so

and fastened PFD w/ whistle is required.

Bob & Patti Van Hise: adkpaddles.bvh@gmail.com

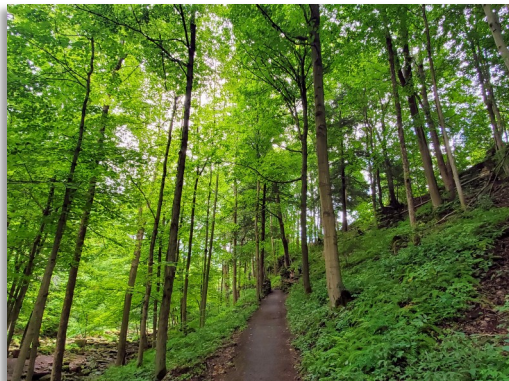


Nicole Pane

11:00 am: 4-mile easy hike with Mike Radomski. Join Mike Radomski for a pre-Annual Picnic hike through Darien Lake State Park on the Conservation Trail. Trailhead

information will be provided by Mike prior to the hike. Hikers should meet at the trailhead at 11am. This will give plenty of time to hike and enjoy

nature before the



Nicole Pane

scheduled program at the picnic.

We ask that you sign up for the event via our new Meetup site. We will be

using Meetup for our events going forward to better schedule, manage, and communicate outings events. If you are unable to use Meetup, please contact Mike at mike.radomski@gmail.com.

Rating: Easy
Distance: ~4 Miles
Pace: ~2 MPH
Required Gear: 10 essentials
Hike Leader: Mike Radomski
(mike.radomski@gmail.com)

Sign-up link: <https://www.meetup.com/adk-nfc/events/292931059/>

11:00 am: Join Aaron Slosman for a pre-Annual Picnic bike ride. We will be riding 22 miles from the bottom of the hill in Akron Park up to the escarpment and then down the escarpment. "Weeeeeee!"

This will be a no-drop ride which means we will be riding as a group and have several stops to keep the group in sight of each other. The ride will begin in the park, proceed on roads with good shoulders, and utilize the Clarence bike

path. The route can be previewed at <https://ridewithgps.com/routes/42471332>

Please wear appropriate clothing, helmet, and bring a working bike with good tire pressure.

Rating: Easy
Distance: ~22 miles
Pace: ~10-12 MPH
Required Gear: Water, Helmet, Sun Glasses
Ride Leader: Aaron Slosman
(aslosman@gmail.com)

11:30 am: Picnic set-up at Cummings Lodge (help is always appreciated!)

1:00 pm: Nature Hike with Lynn and Doug Kenney (assemble at Cummings Lodge)

3:00 pm: Hawk Creek Wildlife Center - program with live animals 3 - 4 pm. Hawk Creek Wildlife Center will be bringing 5-6 resident animals for our members and guests to meet and get to know at their program entitled, "Walk on the Wildside."

"For over 35 years, Hawk Creek has served the Western New York community and beyond.

Our educational reach is nationwide and our award winning conservation efforts are recognized globally. We thrive to give thousands of animals a second chance, care for over 100 permanent residents, and reach audiences in the thousands per year with our exciting educational programming. Hawk Creek has also been featured on PBS and names a "Blue Planet Hero" by National Geographic. Our animal ambassadors and naturalists have been featured on Rachel Ray and NBC Today."

Hawk Creek takes part in animal rescues, conservation initiatives,

annual events, and over 2,500 educational programs a year to inspire environmental stewardship and wildlife conservation for generations to come.

Don't miss this exciting opportunity to engage in close encounters with some of the residents of the center, and learn more about this wonderful organization!

4:30 pm: Dinner and socializing (please remember your table setting items and serving spoons for sides).

5:45 pm: Annual chapter meeting, election of officers, and

conservationist of the year award.

Our dinner menu includes hot dogs, hamburgers, veggie burgers, Italian sausage, bottled water and chips.

Potluck dishes are encouraged and welcomed (your signature dish, perhaps?).

Our potlucks are famous with an amazing variety of foods - with no organization - it just happens!

Oh, and don't forget to wear your ADK-NFC t-shirt!



Nicole Paine

May Education Recap

Our May education session was about map and compass basics. It was presented as the first of two lessons by long time chapter member Ed Kasperek. The lesson was followed by a field session later in the month, where members had a chance to practice the skills in an outdoor setting.

Ed discussed the three components of land navigation, including the use of maps, compasses, and pace counts to measure distances. He began with a de-

scription of maps. He pointed out that a map is a drawing of the aerial view of the land. In fact, most maps are made using aerial photos. He reviewed a long list of color codes and symbols that cartographers use when making maps. He explained that they indicate elevations through the use of contour lines. The closer together the lines, the steeper the terrain.

Ed then went on to demonstrate several different types of compasses,

and pointed out the various features that they have. In

addition to the movable needle, another important feature of the compass are the degree markings

around the outer ring of the housing. There are 360 degrees in a circle. True north



is zero degrees. To navigate, you calculate the degree that corresponds to the direction that you want to travel, and then follow that degree bearing.

He differentiated between true north and magnetic north. True north is the direction on the map. Magnetic north is where the compass needle points. Since magnetic north is not located exactly at the top of the globe, the needle points to the left or the right of true north, except in a narrow band in the center of the

continent. This difference is called magnetic declination. Accurate navigation requires making an adjustment between the two, by adding or subtracting a certain number of degrees. The amount and direction of the declination for a given region is indicated on the map.

Ed finished up by briefly introducing the idea of calculating the length of your step, and then counting the number of steps, or paces, that you take as you travel across country. By simple arithmetic, you may estimate

the distance that you have gone.

He made the point that, in order to learn to accurately navigate, you need to practice these skills in the field. Reading about them or listening to a discussion is not enough.

That is why he scheduled a follow up field session, and encouraged everyone to attend. He also made the point that accurate land navigation with map and compass is a perishable skill. You need to use this skill or lose it.

- Paul M. Gannon

May Program Recap

At our May meeting, we welcomed veterinarian and local and federal li-



censed wildlife rehabilitator, Dr Karen Slote, who presented a fascinating program for our members entitled, “The Beauty of

Bats.” Dr Slote also possesses a Class II RVS license that allows her to rehabilitate bats. She is one of the founding members of Wildcare of Western New York, a non-profit rehabilitation center that provides medical care and rehabilitation services for bats and loons. She currently cares for 29 of these winged creatures at her home, hoping to release them into the wild when they’re well.

Many of us fear bats due to various misconceptions and superstitions surrounding these flying in-

sectivores, but far from being the creepy blood sucking, hair-raising, hair tangling vampires depicted in comics and films, Dr. Slote’s presentation told a entirely different story. Bats are amazing little creatures that are actually very beneficial to humans and our environment. We learned that bats play a very important role in the ecosystems on our planet. There are about 1,300 species of bats worldwide, and they are found in every continent except Antarctica. In New York State, we have 9 species of bats, including the Little Brown Bat, the one most com-

monly seen in our evening skies.

Bats have many unique features that make them the most interesting of all mammals. Surprisingly, bats are the only flying mammals. They keep clean by grooming themselves like cats, and can live up to 30 years. And contrary to the popular idiom, “blind as a bat,” we learned that bats are not blind! In fact, bats possess a super ability to “see” with their ears with a form of navigation called echolocation, which is a supersonic call (too high for human ears), emitted from either their nose or mouth, to navigate their surroundings and locate food. When the bat call hits something, it bounces off the object, and echoes back to the bat, letting them know where the object is located. So when you see bats flying about in the evening skies, they’re not seeking out human hair to get tangled in, but instead, they’re using this amazing skill to navigate their surroundings and locate insects to feed on. In fact, bats can eat up to 1,000 mosquitoes an hour...so let’s hear it for bats!

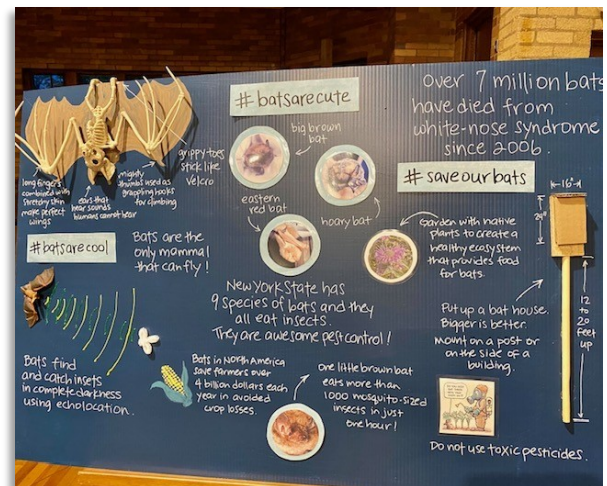
In addition to making our summer evenings more pleasurable, bats also serve as pollinators. Many plants rely on bats for pollination, especially in tropic and sub-

tropical rainforests and desert climates throughout the world. Bats also assist in distributing seeds so plants can reproduce for our consumption. Thank you again, bats!

We learned that only a very small percentage of the bat population is afflicted with rabies; however, it’s wise to deter them from roosting in your home by adequately sealing even the tiniest hole to prevent entry and infestation. But if you do happen to find a bat in or around your home, NEVER handle it with bare hands!

As we discovered, bats are very plentiful; however their numbers have declined dramatically due to many factors, including disruption of their navigation from wind turbines, the use of insecticides, climate change, habitat loss, and diseases unique to bats, such as white nose syndrome, a cold-loving fungus that has killed millions of bats across North America. While there is presently no cure for this devastating disease, much is being done by researchers and scientists worldwide to learn more about this disease and how to combat it.

While there has been some progress in mitigating these threats to bats, we can all do our part to help save these amazing creatures survive and thrive. Erecting bat houses, using native plants, leaving leaves on our lawns, planting night blooming natives, limiting our use of pesticides,



and lastly, becoming bat ambassadors, will all assist in advancing the efforts to help protect these endangered animals. For more information, check out the website Wildcare of Western New York, and follow the Facebook page, Wildcare WNY, where you can read stories and watch cute videos of the bats and loons in their care.

- Sue Kolasz & Pamela Sander

Message from the Chair



Although our monthly meetings take a hiatus until September, we have the whole summer to look forward to adventure. I hope to see everyone at the picnic to celebrate the outdoors and ADK. We have some great hikes, paddles, and rides planned. I want to thank the Schusters for their hard work planning snacks at the monthly meetings and organizing

our meal for the picnic. I also want to thank our picnic committee for planning what will be a great event.

I encourage everyone to participate in our outings this summer. If you want to organize an outing, please let me or Frank know. We need more trip leaders. Without you, we will not have any outings. If you are thinking about leading a trip, do it. It is very rewarding and is the life blood of our club.

Finally, I want to wish everyone a safe and

adventurous summer. I cannot wait to see your pictures at our annual slideshow and ice cream social in September. I plan to get up to the Adirondacks at least twice along with a trip to the Catskills with my sons to finish out my Catskill 3500. Of course there will be local hiking and paddling mixed in.

See you outside,

Mike

Welcome New Members!

Please join us in welcoming the following new members to our chapter:

Larry Skora

Stephani Foraker

Jessica and Benjamin Fleming

Kate Reynolds

Brian Cushing

Liesl Arbore-White

Korah Witherell

Alfred Carroll and Amber Demmin

David Henneberger and Kerri Henneberger

Joy and John Kubiak

Martin and Donna Ruszaj

Elizabeth Wagner

Rebecca and Timothy Chen

Priscilla Snider

Michelle and John Lockett

Lauren Molenda

Judith Gawlikowski

John and Jennifer Eckman

Mason Hanifin

Bradley Taber-Thomas



Outings Leaders Wanted!

We need more outings leaders and want you to consider taking chapter members out for a great outing! To encourage people to sign up we are offering training programs for free!

As I have been reporting for the last few months, the Club has been working on a new guide for outings leaders. The guide includes some requirements for leaders to be certified through training depending on the level of outing being planned. Training for each level will be free either through ADK or the chapters. The training programs are great and will benefit anyone who wants to lead various outings. I have taken all but one of the courses and can vouch for the quality of the ADK courses and our locally offered courses, and I find it really helps to go over this material on a regular basis to be reminded of what I need to do to help everyone enjoy the outing and be safe. The courses will be offered online or in person and there is lots of flexibility regarding using the certificates you might get through work or other places. For the next 6 months or so our chapter will collect the certificates and send them to the Club,

and after new membership software is started up next spring, we will be able to send them directly online. They are trying to make it easy for all of us to demonstrate we are capable leaders.

The Level 1 requirements will have to be completed by the end of December this year. Both trainings can be completed in under an hour online and are free. The higher-level training will need to be completed in 18 months, starting in June, and there will be opportunities to get the training at the Loj for free with free food and accommodations. I will put out more information on the schedule later.

The ADK.org site. Here are the three levels and their requirements. The Sexual Harassment training has to be completed yearly and is the same one used by the 46ers for their volunteers.

Call or email (hackerks@gmail.com) me with any questions you have. I will try to get more info out on our weekly emails.

Level 1

To be certified as a Level 1 Leader, the person must:

- Be eighteen (18) years of age or older;
- Be a current member of ADK;
- Take Sexual Harassment Prevention Training annually (proof that someone has taken this training pursuant to their employment, or as part of some other requirement is acceptable);
- Complete Leave No Trace Training, either in-person or online at:

https://Int.org/courses/online_awareness_take_action_html5/

- Co-lead at least one outing with a certified outings leader or have the equivalent experience from leading a previous outing at a similar level; and

- Have knowledge of the ADK Outing and Trip Leaders' Guide that is approved by the ADK Board.



Outings Leaders Wanted (continued)



Level 2

To be certified as a Level 2 Leader, the person must:

- Complete Level 1 Certification;
- Co-lead at least 2 outings with a certified outings leader at this level or have the equivalent leadership experience from having led previous outings;

- Complete Red Cross First Aid or equivalent;
- Complete Map & Compass Fundamentals or equivalent (not necessary for paddling leaders).
- Complete ADK's Outdoor Leadership 101 or equivalent

Level 3

To be certified as a Level 3 Leader, the person must:

- Complete Level 2 Certification;
- Complete Wilderness First Aid Certification from either Red Cross or Wilderness Medical Associates (may also take this in lieu of Basic First Aid);
- Complete a Leave No Trace Trainer Course

- Kate Hacker

Outside Chronicles Hiking Challenges



The Western New York Hiking Challenge has returned again this year. The challenge is designed to give people an opportunity to visit new local parks and explore new trails. Along with hiking the trails, the challenge material will educate participants on parks' history and local flora and fauna to spot while on the trail.

The WNY Challenge gives 100% of profits to a worthy cause or organization that promotes stewardship of the outdoors or protects the lands we use for recreation.

You need to complete 20 trails to earn a finisher number, patch, sticker, and bragging rights.

In addition to the ever popular WNY Challenge,

there is also an Ultra Hiking Challenge, which includes trails 15-20 miles in length, and a Finger Lakes Hiking Challenge, which will allow you to explore some of the beautiful trails in central New York.

For more information, to view trail lists, and to register, visit <https://outsidechronicles.com/>

Help Wanted!!

The chapter is still looking for a Membership Chair. Responsibilities include recruiting new members to the chapter, welcoming new members, and coordinating

membership records. Please reach out to any member of the Executive Committee if you are interested in filling this important role.

Finger Lakes Trail Days Celebration in Ellicottville

On June 10, please join the Finger Lakes Trail Conference for Trails Day to celebrate some of the people who make our 1,000-mile hiking trail system possible! We will be thanking our landowners who graciously allow the Finger Lakes trail to cross their property, and our trail maintainers who keep the trail in a hiking ready state.

Trails Day will be held in Liberty Square, a small park with a gazebo, bounded by West Washington St (NY Rt 242), Jefferson St, and Park Square Alley. Join us beginning at 10 am to

meet other friends of the Finger Lakes Trail and get information on the Finger Lakes Trail Conference and the Foothills Hiking Club. At 11 am there will be a brief awards ceremony in the gazebo. We will be giving out the FLTC Wally Wood Distinguished Achievement Award and the Bill and Ellen Garrison Landowner Recognition.

At 1 pm you will have a choice of two guided hikes on the nearby Finger Lakes Trail. Both hikes are family friendly Passport hikes. Hikers will meet the hike leaders at the gazebo and depart

from there.

Hike #1 will be a 5.4 mile hike through spectacular rock formations in Little Rock City (Passport hike Wo3).

Hike #2 is a 4.6 mile hike through lovely woods past a lean-to and pond in Boyce Hill State Forest (Passport hike Wo6).

Register for this free event! Registration closes on June 8.

For more information and to register, visit <https://fingerlakestrail.org/whats-happening/special-events/trailsdaycelebration/>



Map and Compass Basics and Fieldwork Session

Ed Kasperek's promised fieldwork session and follow up to the May 9, 2023, Education workshop was enjoyed by nine members on a cool but sunny Sunday, May 21, 2023. Participants met at Ed's Orchard Park home, and the setting was both beautiful and practical, as Ed and Randy Barker had laid out a well-designed land navigation course. (Thank you Randy Barker for helping Ed prepare the course and set the

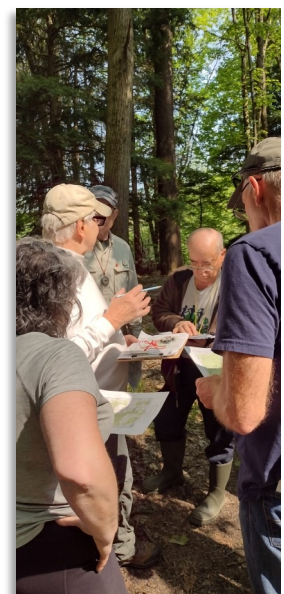
markers last week!)

Along with the required course materials (a compass, pencil, and ruler), we were given handouts that Ed had prepared, which included all the information needed to start our hands-on exercises to learn the tools of wilderness navigation.

Why learn how to read maps and use a compass when we live in a time when GPS technology and

cell phones are so readily available as navigational devices? If you've ever been to remote areas such as Allegany State Park or the Adirondacks, you know that cell phone coverage is not always reliable or available. Learning how to properly use a map and compass can prevent getting lost and be a lifesaver.

After a review of the May 9, 2023, education workshop material, we got out our compasses and learned the





fundamentals of how to use a map and a compass, both individually and together. Some of the fundamentals we learned included (1) the basic components of a good compass, (2) the important difference between true north and magnetic north and how to adjust your compass to accommodate the difference, (3) why you should always use current maps due to the wandering of the magnetic north pole, (4) why you should never try to get a compass reading when your compass is near even small metal objects (e.g., a belt buckle or other compass), (5) how to properly use a map and compass together, and (6) how and why you need to accurately calculate the length of your stride when navigating cross-country. After learning these and many other interesting aspects of navigation, we

were given a worksheet with exercises, which we practiced on the navigation course laid out by Ed and Randy.

Once you have become competent using a map and compass to navigate across the land without having to follow trails, you'll embrace Ed's cardinal rule: Trust Your Compass, Not Your Instincts (repeated several times during our 4-hour training session).

Many opportunities to learn basic map and compass skills are available online, but being taught by an expert instructor such as Ed Kasperek in an outdoor setting is probably the best way to learn these skills. The experience is both rewarding and fun, and it can literally save your life.

While having good map and compass skills is im-

portant for everyone who ventures out into nature, they are especially important for our trip leaders, some of whom lead hikes into remote areas. Acquiring these skills is strongly encouraged by the Adirondack Mountain Club, including our local chapter.

- Pamela Sander & Sue Kolasz



Chapter Outings

June 6 (Tuesday): Paddle—Niagara River to Burnt Ship Creek in Buckhorn Island Park (A - canoe or kayak).

Arrive early for a 6PM launch at Eagle Overlook on Grand Island (West River Rd. near the end of Long Rd.).

We will paddle downriver a short distance to Burnt Ship Creek, explore the network of open passages in the marsh, then return upstream.

Wearing a proper fitted and fastened PFD w/ whistle is required.

Bob & Patti Van Hise: adkpaddles.bvh@gmail.com

Watch our ADK-NFC Facebook group for any changes or updates.

June 10: ADK Chapter Picnic Outing, Paddle, Oak Orchard River, Medina

Rating B, moving water. 2 to 3 hours one-way on a wide winding stream. Spotting of cars required.

Meet at 9am on Rt. 63/N Gravel Rd. at the "Oak Orchard Kayak Dropin" (per Google Maps) just N of Slade Rd.

Wearing a proper fitted and fastened PFD w/ whistle is required.

Bob & Patti Van Hise: adkpaddles.bvh@gmail.com

Watch our ADK-NFC Facebook group for any changes or updates.

June 10: ADK Chapter Picnic Outing, Hike, Darien Lake State Park Conservation Trail

Join Mike Radomski for a pre-Annual Picnic hike through Darien Lake State Park on the Conservation Trail. Trailhead information will be provided by Mike prior to the hike. Hikers should meet at the trailhead at 11am. This will give plenty of time to hike and enjoy nature before the scheduled program at the picnic.

We ask that you sign up for the event via our new Meetup site. We will be using Meetup for our events going forward to better schedule, manage, and communicate outings events. If you are unable to use Meetup, please contact Mike at mike.radomski@gmail.com.

Rating: Easy

Distance: ~4 Miles

Pace: ~2 MPH

Required Gear: 10 essentials

Hike Leader: Mike Radomski

(mike.radomski@gmail.com)

Sign-up link: <https://www.meetup.com/adk-nfc/events/292931059/>

June 10: ADK Chapter Picnic Outing, Bike, Akron Falls Park

Join Aaron Slosman for a pre-Annual Picnic bike ride at 11:00am.

We will be riding 22 miles from the bottom of the hill in Akron Park up to the escarpment and then down the escarpment. "Weeeeeee!"

This will be a no-drop ride which means we will be riding as a group and have several stops to keep the group in sight of each other. The ride will begin in the park, proceed on roads with good shoulders and utilize the Clarence bike path. The route can be previewed at <https://ridewithgps.com/routes/42471332>



Chapter Outings (continued)

Please wear appropriate clothing, helmet, and bring a working bike with good tire pressure.



Rating: Easy
Distance: ~22 miles
Pace: ~10-12 MPH
Required Gear: Water, Helmet, Sun Glasses
Ride Leader: Aaron Slosman
(aslosman@gmail.com)

June 17th: Younger Members Allegheny State Park Bear Caves Hike



A day trip out to Allegheny State Park on June 17th to hike the moderate Bear Caves trail. The trail is 4.3 miles out and back with some cool caves and nature scenes. We will plan on carpooling out (details to come once we know where folks are located) at 10 AM, so be prepared by packing lots of water and snacks/lunch. RSVP to Emma Piascik @ emmapiascik@gmail.com if you would like to tag along!



June 23-25: West Rim Trail Backpacking Trip

This is a 2 night, 3 day

backpacking event. The West Rim Trail is normally hiked as a one-way trail, approximately 31 miles (approximately 10 miles per day) long, and is considered moderately strenuous due to the elevation changes required to hike the trail. Prior backpacking experience is recommended for this trip; inexperienced candidates will be included at the organizer's discretion.

We'll do a zoom meeting a few weeks ahead to settle on travel details and review gear requirements, as attendees are expected to be self-supported including meals and gear. The trip organizer can make recommendations on borrowing or renting gear at that time. The organizer will also be available in person at the May ADK meeting for a permethrin treatment of clothes for anyone who wants to tick-proof themselves for the hike.

Group size is limited to 10 persons. Restricted to ADK members and their guests. There is no rain date for this, we'll plan on hiking in "liquid sunshine".

Email the organizer, Jonathan Coupal, at [\[than@coupal.us\]\(mailto:than@coupal.us\) to RSVP or ask any followup questions. Deadline to RSVP on this trip is May 31, 2023.](mailto:jona-</p>
</div>
<div data-bbox=)

June 24 (Saturday): Paddle, Woods Creek, Grand Island

Meet at 9am at the new kayak roller launch in Buckhorn Is. State Park on East-West Park Rd., Grand Island. Plastic boats recommended for roller launches.

Launch from roller dock, or muddy shoreline across the road. Woods Creek is a stillwater trip with natural shorelines that pass by several homes upstream. Marsh animals may be encountered, including mink and shorebirds.

Wearing a proper fitted and fastened PFD w/ whistle is required.

Bob & Patti Van Hise:
adkpad-dles.bvh@gmail.com

Watch our ADK-NFC Facebook group for any changes or updates.

July 4 (Independence Day Tuesday) Paddle,

Lower Niagara River - Lewiston to Youngstown

Rating A-B easy moving water.

Meet at Lewiston Docks (near the end of Center St.) at 9 to unload boats and begin vehicle shuttle.

This popular 5 mile gorge trip takes about 2 hours, ending at the Youngstown Public Dock - Water St. ramp.

Afterwards, we'll head back to Lewiston for lunch at The Silo restaurant.

Wearing a proper fitted and fastened PFD w/whistle is required.

Bob & Patti Van Hise: adkpaddles.bvh@gmail.com

Watch our ADK-NFC Facebook group for any changes or updates.

July 21 (Friday): Paddle the Erie Canal and Canal Fest of the Tonawandas

Meet at the Sweeney St. (at Niagara St.) roller launch in North Tonawanda for a 6pm launch. (Paddlers without poly boats may also launch earlier 1/2 mile farther down Sweeney St. by Service Dr.). We will paddle down the canal to CANAL FEST,

then up Ellicott Creek. Canal Fest takes place this year July 16-23.

Wearing a proper fitted and fastened PFD w/whistle is required.

Bob & Patti Van Hise: adkpaddles.bvh@gmail.com

Watch our ADK-NFC Facebook group for any changes or updates.

[CANCELLED] Mendon Ponds Hike

Because of a scheduling conflict, the Mendon Ponds geological hike will not take place on Saturday, June 24. We hope to schedule a future hike with Fossil Dan in the not too distant future.

August 25-28: Younger Members Summer High Peaks Weekend Outing

This younger members outings will be an extended weekend trip to the ADK High Peak region. We will drive up Friday 8/25 in the afternoon to set up before dark, have 2 full days to play, and drive back Monday, 8/28 in the morning. There are 2 campsites booked at the ADK Loj campground, where we will

have 6 people per site. As the outing gets closer to the date, we can arrange transportation, food, gear, and other logistics. There are 4 more open spots - RSVP to Emma Piascik @ emmapiascik@gmail.com if you are interested!

Keep up to date on outings by checking the events calendar on our website:

<https://adk-nfc.org/events/>

Our Executive Committee

Chair

Mike Radomski
 mike.radomski@gmail.com

Outings Chair

Frank Meyer
 edendds@gmail.com

Conservation Chair

Lynn Rehfeld-Kenney
 woodthrush3@hotmail.com

Programs Co-chairs

Sue Kolasz
 sue728115@yahoo.com
 Pamela Sander
 sanderpamela88@gmail.com

Education Co-chairs

Sue Kolasz
 sue728115@yahoo.com
 Pamela Sander
 sanderpamela88@gmail.com

Membership Chair

Vacant

Advisory Council Trustee

Kate Hacker
 hackerks@gmail.com

Webmaster

Jonathan Coupal
 jonathan@coupal.us

Treasurer

Doug Gaffney
 dgaffney@roadrunner.com

*Newsletter Editor & Electronic
 Communication Chair*

Nicole Pane
 nicole9165@hotmail.com

Secretary

Larry Beahan
 larry_beahan@roadrunner.com

Hospitality

Carol Schuster
 carolfschuster@gmail.com

Archivist/Historian

Lynn Rehfeld-Kenney
 woodthrush3@hotmail.com

Outings Co-chair: Waterways

Bob Van Hise
 adkpaddles.bvh@gmail.com

Outings Co-chair: Biking

Vacant

*Outings Co-chair: Hiking &
 Winter*

Leslie Salathe
 lesliesalathe@live.com

Librarian

Karen Coupal



Nicole Pane