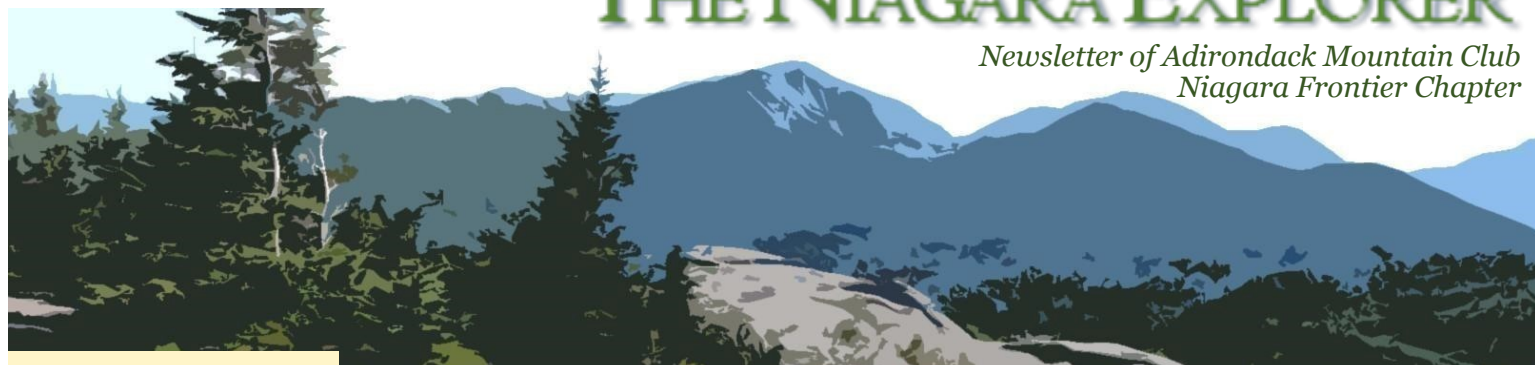




Explore. Educate. Protect.

THE NIAGARA EXPLORER

Newsletter of Adirondack Mountain Club
Niagara Frontier Chapter

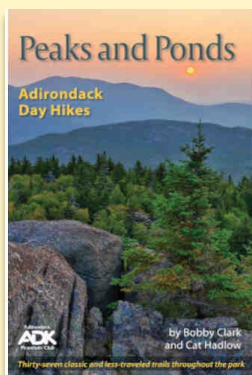


Our next General Meeting

Tuesday,
May 10th, 2022
6:30pm

Will be held in person
at Amherst Community
Church, 77 Washington
Hwy, Amherst, NY
14226.

Keep up to date by
checking your weekly
emails and/or the 'ADK
-Niagara Frontier Chap-
ter' Facebook group.



May 2022

100 Mile Challenge - Help us celebrate 100 years of ADK!

The ADK 100 Mile Challenge starts May 29, 2022 and runs through September 5, 2022!

Walk, run, hike, paddle, or pedal—or any combination of any human-powered activity—100 miles in 100 days in any location you want, raise \$100 or more in sponsorships, and receive a 100 Mile Challenge patch!

Registration is free and can be completed at:

<https://secure.qgiv.com/event/adk100milechallenge/register/form/registration>



Additional prizes will be awarded to the three people who raise the highest amounts, and to those who reach the following sponsorship levels:

\$250 - Choice of water bottle, t-shirt, or hat

\$500 - Choice of 2 - water bottle, t-shirt, or hat

\$1000 - Fleece vest and choice of 1 - water bottle, t-shirt, or hat

(While supplies last due to current supply chain issues.)

We want to hear about your trips & hikes!

Have to been on a recent trip or hike that you want to share with ADK-NFC members? Have a good story? Want to let others know about a unique or interesting place? Have some nice pictures to share?

We are looking for trip report submissions to be published in upcoming newsletters. These can be based on Adirondack trips, or trips to local places of interest. They do not have to be ADK

sponsored hikes. Please reach out to me at nicole9165@hotmail.com with the subject line 'ADK-NFC Trip Report' if you are interested in having your report published in our monthly newsletter.

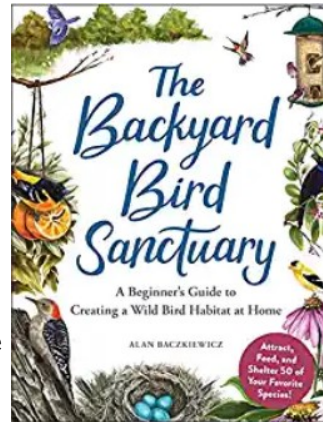
- Nicole Pane



General Meeting Agenda for May 10th, 2022

Education Workshop | Alan Baczkiewicz, author of *The Backyard Bird Sanctuary* | 6:30pm

We are pleased to have Alan Baczkiewicz, who has been an avid birder for forty years for our 6:30 Education program. His love for birdwatching began in his teens when he was a Junior Staff member at Beaver Meadows Audubon Center and led birding and nature walks at local birding hotspots. He created his blog, Basics of Birding, to help spread a love of birding and to teach those new to birdwatching the skills and advice they need to be successful at this exciting hobby. Alan searches for birds across the United States, and the continually growing list of birds he has spotted contains more than 440 species. He is a member of the Buffalo Ornithological Society, the Roches-



ter Birding Association, the Cornell Lab of Ornithology, and the American Birding Association. Alan earned his degree in environmental and forest biology, has been accepted into the NYS Master Teacher Program and now teaches sixth grade middle school science.

Alan will discuss his new book, *The Backyard Bird Sanctuary: A Beginner's Guide to Creating a Wild Bird Habitat at Home* and have copies available for purchase.

Follow Alan's blog at <https://www.basicsofbirding.com/>

For his on-line course: <https://www.outdoorcore.com/courses/learn-to-identify-bird>

- Pamela Sander

Presentation | Messenger Woods Wildlife Care and Education Center | 7:30pm

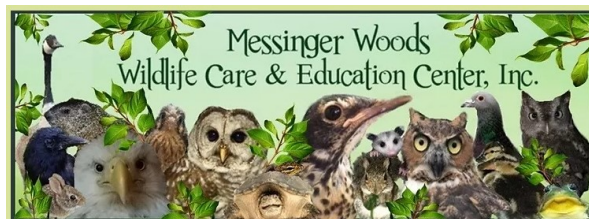
Do you know what to do if you come across sick, injured, or orphaned wildlife? For the May program, our club will be welcoming Margie Hanrahan, founding board member of Messenger Woods Wildlife Care and Education Center, who will present a PowerPoint on "Wildlife Rescue 101".

Margie, along with a few of her friendly feathered educational ambassadors, will provide us with a basic working knowledge of how to safely and correctly rescue an animal until you can find it help.

Messenger Woods Wildlife Care and Education Center is a non-for-profit corporation designed to achieve excellence in the field of wildlife rehabilitation. They have a membership base of over 1,000, 12 volun-

teer departments of approximately 200 people, strong veterinary support, and two parcels of property exceeding 60 acres of biodiverse habitat.

Messenger Woods is located in the rolling hills of Holland, NY, with numerous home-care satellites in the greater Buffalo area. In addition, they have a wild-



life hospital, many outbuildings and cages, a waterfall compound, and a flight barn. The organization is totally volunteer run, and 100% of all donations are used for wildlife care and the continued development of Messenger Woods.

Join us on May 10, to learn more about this wonderful organization!

- Sue Kolasz

Great door prizes including gift certificates to Gear for Adventure, Northstar Bike Shop, Brunner's Tavern! Be one of the 10 lucky winners!

Visit our YouTube channel for recordings of our March chapter meeting:

[John Sander, "Discovering Underappreciated Natural Resource Areas in Western New York"](#)

[Alexis Oltmer, "An Unnatural Diet"](#)

April General Meeting Recap

Dave O'Donnell, CEO of Eastern Monarch Butterfly Farm gave us a special, information packed program! Dave's engaging, laid back, and often self deprecating style, was educational, humorous and inspiring. Dave explained the current threats to these beautiful creatures and the mitigation efforts currently practiced, encouraging all of us that we can make a difference. Dave reports he's seeing more plants and butterflies which is, in part, the result of the growing awareness by everyday concerned citizens.

Eastern Monarch Butterfly Farm is a self-funding organization located in Clarence, New York. Beginning in 1999, the Farm's mission has been Monarch recovery and habitat restoration through milkweed plant and seed distribution, awareness and education. Dave has worked passionately to inform the public of the conditions that are detrimental to the environment, Monarchs and other pollinators, wildlife and indigenous plant species. Dave's PowerPoint program of gorgeous photos included the plants essential to the Monarch's survival that can and should be planted in many landscapes, including home gardens. Swamp and Common Milkweed, Orange Butterfly Weed, Purple Asters are the short list of major food

sources for the Monarch. He shared great videos that included the stages of Monarch development, mating interludes and the flight house or incubator on his farm. The video showing Dave repairing a torn wing of a Monarch (actually gluing on a wing part from a deceased Monarch) was incredible!

Dave is active at local farmers markets, selling plants, native seeds and a variety of great merchandise. He works with other organizations planting Monarch food sources and promotes his initiatives throughout WNY.

From the website: We believe the iconic Monarch Butterfly is a messenger and its rapid decline is the message; coexist with that which enables us to exist.

For more information, please visit his website and YouTube videos and make it a point to see him at a local farmers market this season!

[https://
easternmonarchbutterflyfarm.com/](https://easternmonarchbutterflyfarm.com/)

- Pamela Sander



April General Meeting Recap (continued)

The April Meeting 7:30 pm program featured Kimberly Adriaansen, Program Manager of Tifft Nature Preserve. Her program the "Ecological Restoration of Tifft Nature Preserve" was enjoyed by an enthusiastic, hearty group of 47 members and guests.

Kimberly highlighted Tifft Nature Preserve's on-going habitat restoration projects implementing native plant species, invasive plant removal, vernal pool restoration, and shoreline restoration. Excellent photos of Tifft and a video featuring Kimberly provided added layers of learning along with pop up "quizzes" which always makes learning fun!

Tifft's history spans centuries from the indigenous peoples, farmland owned by George Washington Tifft, canals for massive Great Lakes vessels and ultimately, great areas of brown fields. The 264 acre diverse site was saved from fur-

ther environmental abuses in 1972. Now operated by the Museum of Science it serves as an urban oasis for the Western New York community.

If you've not been enjoying Tifft, please take advantage of all that it offers including rich programs for children and adults, special events and many Volunteer opportunities.

Located just 5 miles from downtown Buffalo, NY at 1200 Fuhrmann Blvd., Buffalo, NY 14203

716-825-6397



<https://www.tifft.org/>

- Pamela Sander

Message from the Chair

Attendance at club meetings has been amazing. We continue to see participation numbers increase thanks to the great work of Pam and Sue landing some great speakers. We have just one more chapter meeting in May before we take a break for the summer. But don't worry, we still have the club picnic in June. Organizers are working hard and have booked a band, great speakers, and guides for hikes. Remember to review the by-laws linked in this newsletter, we will be voting on them at the picnic.

Spring is finally here. Spring ephemerals are poking up, peepers are peeping, the birds are returning, and the temperatures are on the rise. Take a look at our

list of outings and get outside! Remember to send us your trip reports and post your pictures to our Facebook group. They inspire others to adventure.

Finally, take advantage of what ADK has to offer this summer. Line up a guided trip, take a class (we offer scholarships), stay at the Loj or JBL, and most importantly, enjoy the Adirondacks!

See you outside,

Mike



*The earth is what
we all have in
common.*

- Wendell Berry

Chapter T-Shirt Sale

Begins May 1, 2022 and ends May 22, 2022! We have revived the wonderful chapter logo designed by long time member, Tim Kerr. For a limited time, we may order new T-shirts bearing this image honoring our chapter and Western New York! Made from 100% polyester interlock, the Sport-Tek Posicharge Competitor Tees and Team 365 tees are light, roomy, breathable, and moisture wicking. They are available in men's and women's styles, in both short and long sleeve versions. Three colors are available – stealthy Forest Green, high visibility bright Orange, and high visibility bright Yellow. The shirts are being sold by Strictly Ts of Hamburg on-line only at ADKCLUBGEAR.COM! All orders received during this period will be processed at the end of the sale with delivery before our June 12, 2022 picnic.

Here are the links to the Team 365 that we will use along with the Sport-tek items. Remember, the site will not be "live" until May 1, 2022.

Short sleeve T-shirt prices range from \$16 - \$20, long sleeve prices range from \$18 - \$22,

[Men's Performance T-Shirt](#)

[Men's Long Sleeve Performance T-Shirt](#)

[Ladie's Performance T-Shirt](#)

[Ladie's Long Sleeve Performance T-Shirt](#)



Chapter Picnic at Sprague Brook Park—June 12th

Save the date for our annual ADK-NFC chapter picnic and meeting at 12 noon on June 12th at Sprague Brook Park!

This year will be extra special with guitarists/vocalists and Buffalo Music Hall of Fame Inductee, Gino McManus and Frank Grisanti who will be playing all your favorite tunes! Music from 2:30-4:30.

In addition to cal line up, offering our food...hot burgers, veg- and Italian tled water bags of chips provided.



our great music we will also be usual delicious dogs, ham- gie burgers, sausage. Bot- and individual will also be

Attendees are asked to bring their own table setting to limit adding trash to the landfills. Potluck dishes are always welcome-please provide serving utensils.

We have 2 hikes scheduled for earlier in the day... a casual nature walk with Lynn Kenney at 1:00 pm, and a longer fast-paced hike at 12 noon with Larry Moses. Please arrive at 11:45 for Larry's

hike.

We have also invited co-authors, of the book, "Secret Places of Western New York: 25 Scenic Hikes." Authors, Jennifer Hillman and Bill McKeever, will be discussing original author, Bruce Kershner, his contributions to hiking popularity in WNY, and their reasons to write an updated version of his best-selling book. Books will be available for purchase/signing.

Picnic Schedule:

11:30 am- set up

12:00 pm- hike with Larry Moses

1:00 pm- hike with Lynn & Doug Kenney

2:00 pm- Secret Places of WNY

2:30 pm- 4:30 pm- live music with Gino McManus and Frank Grisanti

4:45 pm- dinner and socializing

5:30 pm- annual chapter meeting, elections and conservation award

Hope to see you all there!

Updated Bylaws—Please Review!

Our updated bylaws were recently reviewed and approved by the Executive Committee. They'll be voted on by our members at the June 12th picnic. Please take a few moments to review them:

[ADIRONDACK MOUNTAIN CLUB NIAGARA FRONTIER CHAPTER CHARTER](#)

Nominations for 2022-2023

Nominations for June '22 vote for Vice Chair for Programs and Vice Chair for Conservation

The nominations committee is happy to announce the following nominations for positions for the next two years:

Vice Co-Chairs for Programs: Pam Sander and Sue Kolasz

Vice Chair for Conservation: Lynn Rehfeld-Kenney

We will vote on these nominations at the June 12th picnic. Pam and Sue are the current program co-chairs and have agreed to continue, and Lynn has been a member of the Conservation committee for years and has been the Chair of that committee in the past. Thank you to all of them for agreeing to volunteer!

Nomination Committee: Kate Hacker, Leslie Salathe, Fran Alessi



Welcome New Members!

Please join us in welcoming the following new members to our chapter:



January 2022

Jack Gehl

Andrea Mondo

Dr. Jennifer Fendya

Nathaniel Hess

Dr. Michael Jabot

February 2022

Peter and Claire Ross

Christopher Stout

Terrance Ferguson

Ian Cook

Anne McCooley

Richard and Michele Moore

Dawn Marini

March 2022

Pamela Edholm

Matt Rousselle

Ben Gehl

Tom Giambrone

Daniel and Amy Cross-Viola

Chas Wagner

April 2022

Michael Graves

Virginia Disalvo

Faith Addiss

*The land
knows you,
even when
you are lost.*

*- Robin Wall
Kimmerer*

Upcoming Community Events

Adopt-a-Highway Cleanup/Hike

Tillman Road State Wildlife Management Area, Clarence, Saturday, May 14th. Rain date - Sunday, 5/15

Lynn & Doug Kenney (716)825-7329(H)

Make a difference! Join us for the Spring Adopt-A-Highway clean-up. Volunteers are needed to pick up litter along the roadsides surrounding the Tillman Wetlands area in Clarence. Meet at 10:00 AM at the Shisler Road parking lot located at the eastern end of Wehrle Drive. Garbage bags are supplied. Bring work gloves. Clean-up takes about 2 hours.

At 1 PM Doug will lead a hike through the wildlife area. Bring a bag lunch to eat in-between the clean-

up and the hike. Please call 716-825-7329 to sign up for the hike in advance.

We can be reached the day of the hike on our cell phone 361-6172(C).

At 1 PM, you are invited to join Lynn for the Conservation Committee Meeting which will be held at the Shisler Road parking area. Bring along a lawn chair and your conservation questions.



Nicole Pane

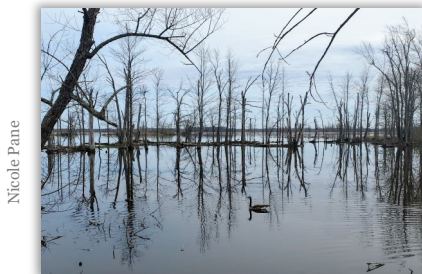
Spring Into Nature at Iroquois National Wildlife Refuge

On May 7, 2022 from 9 am to 4 pm, at Iroquois National Wildlife Refuge (INWR) in Basom, NY. This annual event called Spring Into Nature is sponsored by Friends of Iroquois National Wildlife Refuge (FINWR) and draws hundreds to the refuge headquarters located at 1101 Casey Road, Basom, NY 14014-9730. For more infor-

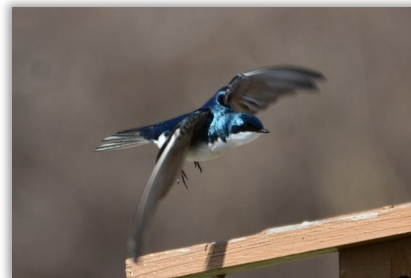
mation go to:

<https://www.fws.gov/refuge/iroquois>

ADK-NFC will have an information table at this event. Please contact Pamela Sander if you are able to spare a view hours.



Nicole Pane



Nicole Pane

Earth Day Celebration

The village of Williamsville's Environmental Advisory Council will hold its annual Earth Day festivities on Saturday, June 4, 2022 from 10 am to 1 pm at Island Park behind the Amherst and Village of Williamsville Town Hall, 5565 Main Street, Williamsville, NY



14226. (off of Cayuga Road)

The event will again be a joint effort with the village's Tree Board, which will be recognizing Arbor Day as part of the activities.

ADK-NFC will have an information table at this event.

Buffalo's Outer Harbor - what's to love?

May 4, 6-8 pm, IN PERSON, Buffalo History Museum Auditorium

Hear from three experts on the ecology of the Outer Harbor. There will be an opportunity to advocate for making the Outer Harbor a New York State Park to prevent privatization and wildlife habitat destruction there. This program is sponsored by the Our Outer Harbor coalition (our ADK Chapter is a coalition member), Buffalo-Niagara Waterkeeper, and the Buffalo History Museum, our host for the program.

PRESENTERS:

JAY BURNEY narrates (in absentia) videos of seiches and remarkable wildlife images on the Outer Harbor. Jay is a noted local environmentalist, a co-founder of the Our Outer Harbor coalition, founder and President of Friends of Times Beach Nature Preserve, and founder and co-chair of the Birds on the Niagara International

Birding Festival.

MARGARET WOOSTER is our ADK Chapter's 2021 Conservationist of the Year. Margaret is a co-founder of Our Outer Harbor coalition and Buffalo Niagara Waterkeeper. She is the author of several books, including *LIVING WATERS* (2009) and *MEANDER: making room for rivers* (2021). She has been an educator and served as Executive Director of Great Lakes United.

CLAUDIA ROSEN is a Community Engagement Project Manager for Buffalo Niagara Waterkeeper. For a time her duties included the beloved Shoreline Sweep in which our ADK Chapter has been active. Claudia also coordinates outreach for the Buffalo River Remedial Advisory Committee.

The program is free, but the Museum does have a "give what you please" policy.

Summer Hiking & Birding Challenges!

The Western New York Hiking Challenge is brought to you by Outside Chronicles. This challenge was created to get people out on the many beautiful and unique trails throughout WNY.

The Western New York Hiking Challenge is designed to give people an opportunity to visit new local parks and explore new trails. Along with hiking the trails, the challenge material will educate participants on parks' history and local flora and fauna to spot while on the trail. Check out a sample hike.

It will feature 32 trails plus 2 bonus trails. You need to complete 20 trails to earn a finisher number, patch, sticker, and bragging rights.

The 2022 Spring Birding Challenge brought to you by Buffalo Audubon and Outside Chronicles. This challenge will bring you to some of the most popular birdwatching hotspots across Western New York during the most exciting time of the year—Spring Migration.

The Spring Birding Challenge is designed to introduce birders of all skill levels to some of the most best birding hotspots in Western New York.

Participants will be provided a digital PDF packet that contains the list of 15 birding hotspots and information on some of the birds you may expect to see there. Each hotspot page has links to Google maps, the eBird hotspot profile, and a printable checklist of birds.

Visit <https://outsidechronicles.com/challenges/> for more information about the challenges and to register!



Celebrate National Trails Day with the Finger Lakes Trail Conference

The Finger Lakes Trail Conference will host the 3rd annual Trails Day Celebration on Saturday, June 4 at Steuben Brewing Company in Hammondsport, NY. This event, created in partnership with the Steuben County Visitors Bureau (SCVB) in 2019, promotes outdoor recreation while showcasing the Finger Lakes Trail as one of our region's most valuable recreational assets.

The event features guided hikes and biking tours of the scenic Finger Lakes region in Steuben County, with family-friendly activities, local food, and live entertainment at one of the region's



premier farm breweries, Steuben Brewing Company. The day also includes an exciting Trail Work opportunity in West Hill Preserve!

Trails Day is both a fundraiser for the FLTC and an event that showcases and celebrates all that Steuben County has to offer.

The Finger Lakes Trail is a 580 mile long trail that crosses New York State. In addition to the main trail, there are 6 branch trails, all in total offering almost 1,000 miles of hiking. Consider joining the FLTC if you are not already a member. More information can be found at <https://fingerlakestrail.org/>

The Northville-Placid Trail: Did you know?

- The ADK completed the Northville-Placid Trail (NPT) in 1924 to provide public access to the Adirondack Park
- At 138 miles, the NPT is the greatest long trail in the Adirondacks
- In 1927, it was donated to the State of New York, with the DEC becoming responsible for its maintenance and upkeep, although many ADK members adopt sections of the trail, or lean-tos along the trail, and become trail stewards.
- The trail passes through what many consider the wildest and most remote parts of the Adirondack Park, notably the high plateau that encompasses the Spruce, West Canada, and Cedar lakes area, along with that of the Cold River.



Nicole Pane

Moose Pond along the NPT

- The highest point the N-P Trail reaches (3008 ft) is at the crest of the ridge to the E of Blue Mt. and of Tirrell Pond.
- The trail passes through the settlement of Piseco, and comes close to the hamlet of Blue Mountain Lake and the village of Long Lake.
- The trail travels through many valleys around the Adirondack high peaks, as well as past numerous lakes, forests, and road walks. Primitive camping and lean-tos are available along the route.

Support ADK's work on the NPT here: <https://adk.org/support-trails/>

Hikes & Outings Calendar

May 4th, 7:00-8:30 PM

Evening Walk at Reinstein Woods

Spring is in the air! Join us for an evening walk in the woods, led by a Reinstein Woods Nature Guide, as we listen for spring peepers and other sounds of nature. We'll meet at the pavilion at 7:00 PM. The walk is limited to 20 participants. Please contact Sue Kolasz via email at sue728115@yahoo.com. Plan on walking rain or shine, and dress accordingly.

[Directions](#)

[What to Wear](#)

[Tick Awareness](#)

May 7th: [I Love My Park Day](#)

May 9th: [ADK Thru-Hiking Online Workshop](#)

May 15th: Bird Hike at Amherst State Park (Hike is FULL, those interested may be added to the wait-list and will be notified of an opening by Pam Sander)

Calling all Birders! Please join us for a special hike through Amherst State Park on Sunday, May 15, 2022, led by Mr. Alan Baczkiewicz, author of "The Backyard Bird Sanctuary: A Beginner's Guide to Creating a Wild Bird Habitat at Home".

This roughly 2-hour hike will be held in the morning and reserved for 15 participants. Contact Pam Sander for time and meeting location and to reserve a spot at: sanderpamela88@gmail.com. Wear comfortable hiking shoes, dress for the weather, and bring your binoculars (there may be a few binoculars to borrow).

Mr. Baczkiewicz will discuss his new book and knowledge of birding at our May 10, 2022 Education workshop at 6:30pm. Alan's book can be purchased at the meeting.

note: Participants will be contacted in case of a cancellation

May 16th: [Beginner Backpacking Online Workshop](#)

May 18th: Upcoming Community Event, Tom's Pro Bike Shop

Service Center Orchard Park Store

3144 Orchard Park Rd

Orchard Park, NY 14127

[Get Directions](#) | [Email](#)

716-599-1599

On-line Registration is a Must - Refreshments Provided!

This is a free service clinic that covers basic bicycle maintenance, tire changing, proper tire inflation, and how you can keep your bicycle running smoothly.

Sat., May 21: Franklin Gulf Hike
Franklin Gulf County Park, North Collins

We will hike about 4 miles in this WNY gem that has secluded woods, scenic ravines and serene waterfalls. If we're lucky we'll catch a glimpse of the Pink Lady's Slipper orchid in bloom.

Wear sturdy shoes, dress for the weather, and bring water and a snack. Trekking poles are recommended.

MEET at 10 AM at the Franklin Gulf County Park trailhead on Larkin Rd., Eden

Leaders: Janet and David Kowalski, janetk300@gmail.com, 716-839-3114



Directions: From Hamburg, drive south on Rt.62 about 6 miles and turn L onto Sandrock Rd. Drive 1.7 mi and turn L onto Larkin Rd. Drive 0.8 miles to find trailhead parking in the newly improved lot on your R.

Sat., June 4: Hunters Creek Hike

Hunters Creek County Park, East Aurora

We will hike 5 miles in this wonderful wooded park full of scenic ravines, creeks and quaint water crossings.

Wear sturdy shoes, dress for the weather, and bring water and a snack. Trekking poles are recommended.

MEETING PLACE: There are 2 trailhead parking lots for Hunter's Creek Park. We are meeting at the Northern lot off Hunter's Creek Road, NOT the lot off Centerline Rd.

Leaders: Janet and David Kowski, janetk300@gmail.com, 716-839-3114

Directions: From Rt.400, take the 20A/78 exit towards East Aurora. Turn L (East) and drive 2.3 miles and turn R onto the Rt.78 South/Strykersville Rd. Drive 1.1 miles and turn R onto Hunters Creek Rd. Drive 0.3 miles and turn R into the parking area.

Sat., June 25: Deer Lick Conservation Area Hike

Kate Hacker, 716 491 7046
or hackerks@gmail.com

We will meet at 10 am at the Deer Lick Conservation Area, which is a Nature Conservancy property on Cattaraugus Creek near Gowanda and hike for several hours over easy trails that overlook the Zoar Valley gorge. This area has old growth trees and will probably have some spring flowers at the time of the hike. This hike is geared towards beginners and guests of the Niagara Chapter of ADK who would like information on the Club and on responsible outdoor recreation and land stewardship, which are part of ADK's mission. I will go over Leave No Trace principles and the Ten Essentials along with tips on safe hiking. I serve as a trailhead steward at the Club's Heart Lake property near Lake Placid and will share the same information

we provide there. If you are an experienced hiker you are welcome to come and share your expertise too! The link below describes the area and has directions.

https://www.nature.org/en-us/get-involved/how-to-help/places-we-protect/central-deer-lick-conservation-area/?tab_q=tab_container-tab_element_735410579#directions

July 12-15: Kinzua Reservoir Kayak, Hike, Camp Morrison Campground

Put in at Elijah Run Boat Launch

<https://www.fs.usda.gov/recarea/alleggheny/recarea/?recid=6089>.

and paddle across to Morrison Campgrounds

<https://www.fs.usda.gov/recarea/alleggheny/recarea/?recid=6120>.

This is a 1 mile paddle to a primitive campground with a fire pit and picnic table at each camp site. We will paddle in on Tuesday, make base camp for three nights, forage for firewood, paddle around the area, hike, cook over an open fire, campfire at night, sleep in tents and paddle out on Friday morning. You will need a kayak, tent, sleeping bag and associated gear for this amazing camping experience in Allegheny National Forest complete with a night paddle, coyotes, bears in beautiful surroundings. Parking is \$5 per night and the campsite is \$12 per night, max 3 tents per site. For more details and to register marionhanover@gmail.com.

July 28-31: Summer Outing, John's Brook Lodge

A chapter outing is planned for July 28th through the 31st at John's Brook Lodge, which is an ADK owned back country lodge in the high peaks. I reserved 15 bunks in the two 10 person bunk rooms, and our chapter will pay for one night of the three night stay. If you are not familiar with JBL you can see the details here: <https://adk.org/locations/>

This location is a prime location for climbing a large number of the high peaks, but also is a

great place to just stay and enjoy the woods. All meals are provided and you only need to bring sheets or a sleeping bag. While there are no showers there is a lovely stream to swim in. You will need to backpack in 3.5 miles on an easy trail. Backpacks can be rented locally in the Buffalo area. The drive is about 6-7 hours and you can park at the Garden Trailhead parking lot or take a shuttle from Marcy Field Trailhead on route 73. I can help with suggestions on what to pack and how to get there.

We are hoping we get lots of people who have never been to JBL before along with people working on their 46 peaks and wanting to make it easier to get to some of the more distant peaks. JBL is usually full every weekend in the summer so we were fortunate to get spaces. You will need to make a deposit of \$99 which is half of the cost of two nights. Send your deposit to Doug Gaffney at 830 George Urban Blvd., Cheektowaga, NY 14225. Make your check out to ADK – Niagara Frontier Chapter. Please email me if you are sending in a deposit. I would like to know by mid-May if you are planning to come so I can free up the extra bunks for other groups.

If you have any questions please email Kate Hacker at hackerks@gmail.com.



Heading to the Adirondacks?

Check out the ADK main club's event calendar, complete with in-person workshops and guided trips:

<https://adk.org/event-directory/#events>

Nicole Pane



Adirondack
Mountain Club
Niagara Frontier Chapter

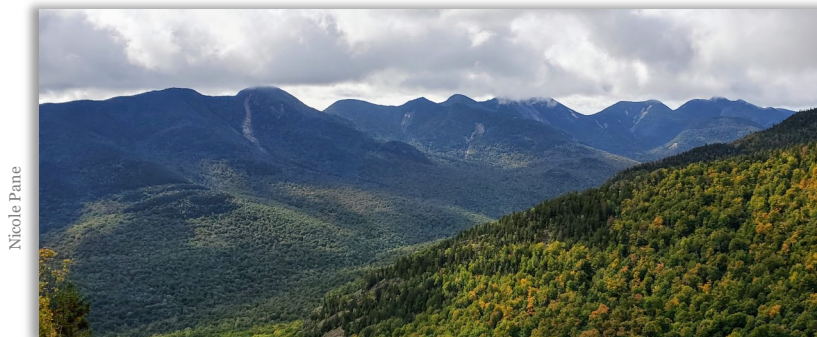


ON THE WEB:

adk.org

adk-nfc.org

facebook.com/ADK-NiagaraFrontier



Nicole Pane

Our Executive Committee

Chair

Mike Radomski
mike.radomski@gmail.com

Outings Chair

Frank Meyer
edendds@gmail.com

Conservation Chair

Bob Van Hise
adkpaddles.bvh@gmail.com

Programs Co-chair

Sue Kolasz
sue728115@yahoo.com
Pamela Sander
sanderpamela88@gmail.com

Education Co-chair

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sue728115@yahoo.com
Pamela Sander
sanderpamela88@gmail.com

Membership Chair

Christina Cerruti
ccerruti@gmail.com

Advisory Council Trustee

Kate Hacker
hackerks@gmail.com

Webmaster

Vacant

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